



# COVID-19 ETIQUETTE FOR A SAFE VISIT

## ADHERE TO TEMPLE RULES

Srila Prabhupada said,  
“Your love for me will be shown by  
how you cooperate with one another.”

### WHAT SHOULD WE DO?

Always wear a mask on the temple premises including whilst leading kirtan.

Cooperate with screening staff.

Sanitise hands before entering the temple.

Observe social distancing of 2m (6ft) with no physical contact even when there are no demarcations.

Do not enter areas where social distancing floor markings are fully occupied.

Sanitise hands frequently and after touching your face or any surface.

Be mindful of touching surfaces. Sanitise soon thereafter.

Disinfect microphone/stand and musical instruments before and after every use.

Do not offer obeisances (dandavats) on the floor. Offer pranams while standing.

Do not bring any prasadam into the temple premises.

Hand in bhoga at the dedicated collection point or at reception.

Refrain from social gatherings in the temple premises.

Refrain from entering temple resident quarters or other restricted areas.

## CAUTIONS

### DO NOT COME TO THE TEMPLE

#### SHOULD YOU HAVE ANY SYMPTOMS OF:

Flu, cold, cough, fever, shortness of breath or other COVID-19 symptoms. This includes people who are living in a household with someone who has these symptoms; or who have recently returned from overseas or out of state travel to areas of significant COVID-19 spread.

### IF YOU OR ANYONE IN YOUR HOUSEHOLD HAS TESTED POSITIVE FOR COVID-19:

Do not come to the temple until you and all of your household members have fully recovered and have subsequently tested negative. Please notify temple authorities if you suspect you are sick with or have tested positive with COVID-19 within 14 days of visiting the temple.

### PERSONS WITH UNDERLYING HEALTH CONDITIONS:

We urge anyone who is at higher risk of becoming severely ill from COVID-19 to continue sheltering at home, such as senior citizens and anyone with underlying health conditions. You can watch the temple programs online to greatly lower your risk of infection.

### RETURNING FROM HIGH-RISK AREAS? SELF-QUARANTINE

**FOR 14 DAYS:** If you, or visiting leaders, sannyasis, gurus or any members of your immediate group or family, have recently returned from locations with high concentrations of community spread of COVID-19, including international travel or a state that is surging or other large metropolitan areas, self-quarantine for 14 days and do not come to the temple during this time.

### KIRTAN IS A HIGHER RISK ACTIVITY IN TERMS OF RESPIRATORY DROPLET TRANSMISSION. THE ESSENTIALS IN THIS CASE ARE:

- Mask to be worn while singing.
- Increase physical distancing to 2.5m (8ft).
- Proper ventilation (open windows, turn-on fans, no air conditioning, etc).
- Limit kirtan for the duration of the arati.
- Kirtan should only be led by devotees approved by the local temple authorities.
- It is preferable to hold open-air kirtans.

